



# Watchkeeper's Log

## The Rotary Club of Hunstanton and District



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### Inside this issue:

Pre Convention Tour.	2
Wise Words for Children & Rotarians.	3
Group Study Exchange.	3
Free the Kids Newsletter.	4
Shelter Box in Gaza.	5
Question of Sport!	5
Message from a loving Wife.	6

### For your diary:

- 28 March Quiz Night.
- 15 April Annual General Meeting.
- 29 April Community Awards Evening.
- 11 May Deferred Council Meeting
- 10 June 'Kids Out.'
- TBA June Changeover Night.

Items for inclusion in the next Newsletter should be handed to Mike Darlington by 31st May 2009. Articles should be of no more than 350 words long.

## Rotary Retro Automobile Fellowship



The Rotary Retro Automobile Fellowship of GB & I (RRAF) is the UK and Irish Chapter of

the International Antique, Classic and Historic Automobile World Fellowship of Rotarians (ACHAFR). This Fellowship, originally called the RRAF is an international association of Rotarians dedicated to promoting the preservation and utilisation of antique, classic and historic automobiles as an opportunity for fellowship and service.

### The Fellowship

The Fellowship maintains a list of Events organised by various Rotary Clubs within the UK. It also organises an Annual Tour. - the 1st was held in 2007 in conjunction with the RIBI Conference. For 2008, a Tour was organised to Normandy and in 2009 the RRAF has been asked by the ACHAFR to organise a Tour to coincide with the RI Convention in Birmingham. This is currently being planned for June 17 - 20 in North Wales.

Events organised by Rotary Clubs within the UK include runs, static rallies, shows, hill-climbs and gymkhanas.

The Fellowship is a member of the FBHVC (Federation of British Historic Vehicle Clubs) which amongst other activities provides members with competitive classic and historic car insurance and FIVA documentation.

The Fellowship operates in accordance with Rotary International policy, but is not an agency of, or controlled by rotary international.

### The Objectives of ACHAFR

ACHAFR combines an adherence to the principles of Rotary with a love of cars and the history of automotive technology and use this shared interest as an opportunity to advance and foster the object of Rotary. Its objectives are:

1. To advance international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.
2. To promote Rotary fellowship through touring, rallying, exhibiting and other activities involving antique and classic cars.
3. To promote high standards of stewardship of our technological heritage and abide by safe and considerate driving standards.
4. To support Rotary service projects and opportunities when and wherever feasible.

### History

The Fellowship was originally founded in 1988 by Brian Henry of the rotary club of Wagga Wagga, in New South Wales Australia, with the UK chapter being formed in the late eighties with other chapters existing in Australia, USA, New Zealand, France, the Netherlands, Switzerland, Belgium and Germany.

## Pre Convention Tour



### 2009 ROTARY CONVENTION TOUR



The Antique, Classic & Historic Automobile world Fellowship of Rotarians in conjunction with the Rotary Retro Automobile Fellowship of GB & I will be organising their 2009 Fellowship Tour, for Vintage, Classic and other interesting cars, between June 17/20, 2009.

The event will start in the Paddock of the Shelsley Walsh Hill Climb in Worcestershire, England and journey through North Wales to return to the NEC, Birmingham for the start of RI's 2009 International Convention.

Overnight stops will be provided at the Classic British Hotels in Lake Ymwy, Ruthin Castle and Shrewsbury ensuring good accommodation, food and secure parking.

It is anticipated that daily distances will be in the order of 90 miles (145 kms) per day thus leaving adequate time to explore the sights en route.

Hotel places are severely limited so would-be entrants are advised to get their deposits in early.

*The above tour is in the form of a Classic Car Rally the cost of which is £355 per person including three nights accommodation (Hotel, Bed, Breakfast and evening meal including wine) for a crew of 2 people; rally plate and road books.*

*Although the Tour is designed for Classic and Vintage vehicles, like all other ACHAFR events other interesting cars manufactured after 1981 are accepted, subject to hotel accommodation being available. However this event is limited to 40 vehicles and is already over subscribed. Editor*

## Wise words for children and Rotarians

### What all children need to learn quickly.

- No matter how hard you try, you can't baptise cats.
- When your Mum is mad at your Dad, don't let her brush your hair.
- If your sister hits you, don't hit her back. They always catch the second person.
- Never ask your 3-year old brother to hold a tomato.
- You can't trust dogs to guard your food.
- Don't sneeze when someone is cutting your hair.
- Never hold a Dust-Buster and a cat at the same time.
- You can't hide a piece of broccoli in a glass of milk.
- Don't wear polka-dot underwear under white shorts.
- The best place to be when you're sad is Grandpa's lap.

### What all Rotarians know from experience

- Raising teenagers is like nailing jelly to a tree.
- Wrinkles don't hurt.
- Families are like fudge, mostly sweet, with a few nuts.
- Today's mighty oak is just yesterday's nut that held its ground.
- Laughing is good exercise. It's like jogging on the inside.
- Old age is when you choose your cereal for the fibre, not the toy in the packet.
- It's frustrating when you know all the answers but nobody bothers to ask you the questions.
- Forget the health food. Take all the preservatives you can get.
- When you are on your knees, you check to see what else you can do while you're down there.

## Group Study Exchange

A group of young professionals – three from Norfolk and one from Cambridgeshire - flew out on February 14 on a month-long Rotary-sponsored group study exchange visit to the Philippines. The visit is part of an initiative started by Rotary International 40 years ago enabling groups to take part in professional development in other countries.

Under its Rotarian team leader, the team will spend four weeks touring around the capital, Manila, learning about the country's culture, institutions, and business practices. The team has been selected to represent Rotary in East Anglia on what is officially called the 'Group Study Exchange' programme.

Leader of the team is Simon Gorton, a Norwich police officer and member of the Wroxham Bure Valley Rotary Club. The young professionals are:

**Lisa Pearson** - a human resource adviser in local government who lives in North Walsham, and is sponsored by the Rotary Club of Norwich St Edmund.

**Imogen Palmer** - a police community support officer in Norfolk. Lives near Norwich and is sponsored by the Rotary Club of Broadlands.

**Jonathan Pearson** - a highways engineer living in Thetford, also sponsored by the Rotary Club of Norwich St Edmunds.

**Robin Sissons** - a police inspector from Cambridgeshire who is sponsored by the Rotary Club of Wisbech.

As part of the exchange, each team member will give numerous presentations about their home town or city, their careers and their family - including presenting at the Philippines Rotary District Conference.

They will also work and observe their own professions whilst in the Philippines and develop friendship and fellowship opportunities, especially with the Rotarian families in whose homes they will be staying throughout the programme. They will meet the team from the Philippines who will visit this District later in the year.

On their return the team will share their experiences through a series of talks, photographs and presentations within the Rotary District.

## David Dobby's Newsletter from FREE THE KIDS

Dear Friends,

This month we are pleased to bring you an update from Dr. Cynthia DeSoi, medical director of Klinik Espwa, on the health care happenings of the village - including developments in the nascent public health program and plans for a new clinic.

### Curing a Community

Benito wandered up to me looking extremely uncomfortable - he was feverish and irritable. The 2-year-old's head was wrapped in an arrangement of leaves, the traditional treatment for mumps. After a quick examination at Klinik Espwa, Benito was given medication to help his discomfort and plenty of reassurance that he would be well soon.

A few years ago, Benito would have had to go to the hospital for help. His mother, who makes a meager living as a laundry lady, probably wouldn't have been able to afford the visit or medicine he needed to feel better - so Benito would have continued to suffer. Instead, he received immediate treatment at Klinik Espwa for free.



*Benito no longer suffers thanks to treatment at Klinik Espwa.*

Benito is one of hundreds of children who have passed through the doors of Klinik Espwa, which opened in 2007 to serve the needs of the children in Village Espwa but quickly grew to accommodate a steady stream of patients from the surrounding community. Residents and staff of Espwa receive free care at the clinic. Members of the community are asked to pay a small fee of 125 gourdes, about the equivalent of \$2.50, though patients are never turned away if they cannot pay.

The staff at the Klinik sees 20 to 30 patients daily, and when a visiting medical team comes, they'll see more than 100 patients in a day. They treat expectant mothers from the nearby birthing centre; adults with diabetes or arthritis; and children with pneumonia, intestinal worms, and gastrointestinal illnesses. On school days, students will come in with headaches, infections, and anaemia. Some of the more serious cases they see are malaria, typhoid fever, and an occasional HIV patient. And there is, of course, a steady stream of resident children with cuts, scrapes, lacerations needing stitches, and several broken bones every month. (Picture 650 boys playing outside everyday!)



*Children lining up for their TB tests. Just \$125 provides for the medical needs of a child for 1 year.*

If one of our resident children has a serious illness that cannot be treated, we take him into town to a specialist or to the hospital, and we pay for his care. Before we had a clinic and the great staff that we have now, daily visits to the hospital, lab, and doctors' offices were common.

This is the Charity in Haiti that Burnel's son referred to the Club for help. *Editor*

## ShelterBox in Gaza

### *Egyptian and French Rotary members assist in shipping vital humanitarian aid*

ShelterBox, an international disaster relief charity supported by Rotary clubs around the world, today confirms its continued presence in Gaza to provide emergency shelter to families who lost their homes in the recent conflict.

Mark Pearson leading the ShelterBox Response Team reported from Gaza Occupied Palestinian Territories, Day 40, on the established need for boxes and the progress to date.

“We have excellent contacts on the ground in Gaza with UNRWA (United Nations Relief and Works Agency) PRCS (Palestinian Red Crescent Society) and ACTED (Agency for Technical Cooperation and Development) who have offered to act as consignee for the packed aid currently at ShelterBox HQ.”

Additionally ShelterBox has received support from Egyptian Rotary members who are now assisting with

the deployment by helping to open channels through Egypt.

One ACTED staff member working alongside ShelterBox said, “It’s made me so happy to know about ShelterBox’s efforts, believe me this is exactly what hundreds of homeless families are in dire need for, especially when you know that such families live and sleep in the open air next to their destroyed houses. Such boxes which include tents, sleeping bags and tool-kits will be the first to enter Gaza.”

ShelterBox General Manager Lasse Petersen confirms that the aid shipment of vital disaster relief aid to Gaza is ready to be shipped and all paperwork is finalized.

ShelterBox Response Team member and French Rotarian John Diksa, who is currently in Cairo, said, “Rotary clubs in Grenoble and Reims just launched a ShelterBox affiliate in France, so we are delighted that 30 of the first 200 boxes to be delivered to homeless families in Gaza are sponsored by French Rotarians.”



## Question of Sport!

- Golfer: “I think I am going to drown myself in the lake.”  
Caddy: “Think you can keep your head up that long?”
- Golfer: “I’d move heaven and earth to break 100 on this course.”  
Caddy: “Try heaven, you’ve already moved most of the earth!”
- Golfer: “Do you think my game is improving?”  
Caddy: “Yes sir, you miss the ball closer now!”
- Golfer: “Do you think I can get there with a 5 iron?”  
Caddy: “Eventually!”
- Golfer: “You have got to be the worst caddy in the world.”  
Caddy: “I don’t think so sir, that would be to much of a coincidence!”
- Golfer: “Please stop checking your watch all the time.”  
Caddy: “It’s not a watch it’s a compass!”
- Golfer: “How do you like my game?”  
Caddy: “Very good sir, but personally I prefer Golf!”
- Golfer: “Do you think it is a sin to play on a Sunday?”  
Caddy: ”The way you play sir, it is a sin on any day!”
- Golfer: “This is the worst course I’ve ever played on.”  
Caddy: “This isn’t the golf course sir, we left that an hour ago!”
- Golfer: “That can’t be my ball, it is too old.”  
Caddy: “It’s been a long time since we teed off, sir!”

Can a seriously committed Golfer help with this one.....



**Is that or is that not a Graphite Shaft?**

THE ROTARY CLUB OF  
HUNSTANTON AND  
DISTRICT



**SERVICE Above Self**

Watchkeeper  
8 Goodminns  
Sedgeford  
Hunstanton  
Norfolk PE36 5NB

Phone: 01485 570967

Fax: 01485 570249

Email: [watchkeeper@hunstantonrotary.org](mailto:watchkeeper@hunstantonrotary.org)

<http://www.hunstantonrotary.org>

### **Aims of Club's Trust Fund**

The main purpose of its Foundation is defined in the Deed of Trust made on twenty ninth day of November one thousand nine hundred and ninety three.

The Trustees shall hold and apply both capital and income thereof to or for the relief of the poor and needy or to or for such other charitable purpose, institution, society or object as Hunstanton & District Rotary Club shall, in duly constituted meeting from time to time direct.

## **Message from a loving wife**

*To my darling husband,*

*Before you return from your overseas trip I just want to let you know about the small accident I had with the pick-up truck when I turned into the driveway.*

*Fortunately it is not too bad and I really didn't get hurt, so please don't worry too much about me.*

*I was coming home from the Park and when I turned into the driveway, I accidentally pushed down on the accelerator instead of the brake. The garage door is slightly bent but the pick up fortunately came to a halt when it bumped into your car.*

*I really am sorry, but I know with your kind-hearted personality you will forgive me. You know how much I love you and care for you sweetheart.*

*I am enclosing a picture for you.*

*I cannot wait to hold you in my arms again.*

*Your loving wife.*

*Fiona*

***P.S. Your girlfriend rang!***

